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FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ARC Lifeguard Recertification Course

## Information You Need to Know

**Thank you for your interest in our American Red Cross Lifeguard Recertification courses. If you plan on registering or are registered for one of our recertification courses here is some helpful information.**

- Registration for all ARC Lifeguard Recertification courses will close one week prior to the start of the class. If you have missed the deadline, please call the appropriate branch Aquatics Director to see if there is space available.
- Participants **MUST** bring proof of age (driver's license, copy of birth certificate, etc.), and current American Red Cross Lifeguard Certification card/certificate.
- Participants must bring lifeguard manual and CPR pocket mask. If a pocket mask is not brought to class the participant will be required to purchase one.
- There is a non-refundable Pass or Fail fee of \$75.
- Participants must pass a pre-requisite test (swim 300 yard, timed brick dive and carry 25 yard, and two minutes of treading water). Failure to successfully complete the pre-requisite test will dismiss you from the course and will forfeit the non-refundable pass/fail fee.
- Be prepared to swim and bring a packed lunch/snack daily.
- All course sessions required. Missing a session during the course will result in automatic failure and forfeiture of the pass/fail fee.
- Dropping out of the course must be done at least 2 business days before the course begins to receive a refund. Failure to do so will result in a 50% refund.
- There will be no refunds after the first class unless a documented medical excuse is presented.

**If you have additional questions or concerns, please call or email our Aquatics Directors.**

Pam Rockey, Lampeter-Strasburg Branch Aquatics Director  
464-4000, ext. 1243 or [prockey@lancasterymca.org](mailto:prockey@lancasterymca.org)

Sandi Brandt, City Center Branch Aquatics Director  
393-9622, ext. 1113 or [sbrandt@lancasterymca.org](mailto:sbrandt@lancasterymca.org)

### LANCASTER FAMILY YMCA

**City Center Branch**  
265 Harrisburg Avenue  
Lancaster, PA 17603  
Phone: 717-393-9622  
Fax: 717-283-1984  
[lancasterymca.org](http://lancasterymca.org)

**Lampeter-Strasburg Branch**  
800 Village Road  
Lancaster, PA 17602  
Phone: 717-464-4000  
Fax: 717-283-1988  
[lancasterymca.org](http://lancasterymca.org)

**YMCA at New Holland**  
123 North Shirk Road  
New Holland, PA 17557  
Phone: 717-354-4747  
Fax: 717-355-9943  
[lancasterymca.org](http://lancasterymca.org)

**YMCA Camp Shand**  
20 Penryn Lane, PO Box 339  
Cornwall, PA 17016  
Phone: 717-272-8001  
Fax: 717-272-2633  
[lancasterymca.org](http://lancasterymca.org)