

January 14, 2018 - January 20, 2018

January 2018

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2018

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	14	15	16	17	18	19	20
5 AM	Open Gym if time is not	Open Gym if time is not	Open Gym if time is not	Open Gym if time is not	Open Gym	Open Gym if time is not	Open Gym if time is not
6					Cycle Court		
7							Pickup basketball Full Court
8		Total Body Blast 8:30-9:30; 9:30 AM-10:30 AM Full Court	Body Pump Court 1	Total Body Blast 8:30-9:30; 9:30 AM-10:30 AM Full Court	Body Pump Court 1	Cardio Cross Tr Full Court- Ra	
9		Silver Sneakers Full Court	ZUMBA Full Court	Silver Sneakers Full Court	ZUMBA Full Court		BodyPUMP Court 1
10	Cardio Kickbox FULL COURT	Zumba Gold Court 1	Intro to Pickleball Full Court		CaRE Court		
11		Pickleball Full Court	Pickleball Full Court	Pickleball Court 2	Pickleball Court 1	Yoga Full Court	YBA Full Court
12 PM						Silver Sneakers Full Court	
1							
2							
3							
4	Baton Court	Baton Full Court					
5		Body Pump Court 1	YBA Full Court	CARDIO KICKBOX Full Court	YBA Full Court	Kids Gym Court 1	
6				Body Pump Court	Cardio Cross Tr Full Court	Taekwondo (Full Court)	
7		Zumba Full Court		YBA Ct 1	YBA Ct 2		
8		YBA Court 1					
9							