



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lancaster Family YMCA
Lampeter-Strasburg Branch Swim Lessons
March 6 – April 30, 2017
Member Registration: February 10, 2017
Non-member Registration: February 20, 2017
Registration Closes: February 25, 2017

PRIVATE LESSONS

Six 30-minute lessons with one-on-one learning for adults or children, arranged at your convenience. Learn to swim or improve your stroke technique with our knowledgeable and experienced instructors.

Members \$150.00
Potential Members \$200.00

SEMI-PRIVATE LESSONS

Six 30-minute lessons for adults or children, arranged at your convenience for your group of 2-3 participants. Learn to swim or improve your stroke technique together! Price is per person.

Members \$120.00
Potential Members \$140.00

SPRING STROKE & TURN CLINIC

Stroke and Turn for ages 4 to 18: A competitive swim program that continues development of competitive stroke technique, flip turns and underwater pullouts for breaststroke while emphasizing character development and a positive approach towards competitive swimming.

Members \$80.00
Potential Members \$100.00

*Group lesson prices are based on an 8 week lesson session.***

8 Week Session:
\$55.00—Family
\$65.00—Youth/Teen Member
\$85.00—Potential Member

WEEKDAY LESSONS

Monday
Youth Level 4 (Former Starfish/High Guppy/Low Minnow) 4:30-5:15pm
Preschool Level 2 (Former Eel) 5:30-6:00 pm
Youth Level 1 (Former Low Polliwog) 6:15-7:00pm

Tuesday
Youth Level 3 (Former Low Guppy) 4:30-5:15pm
Parent/Child A (Former Low Aqua Tots) 5:30-6:00pm
Preschool Level 2 (Former Eel) 6:15-6:45pm

Wednesday
Youth Level 1 (Former Low Polliwog) 4:30-5:15pm
Preschool Level 1 (Former Pike) 5:30-6:00pm
Youth Level 2 (Former High Polliwog) 6:15-7:00pm

Thursday
Youth Level 2 (Former High Polliwog) 4:30-5:15pm
Parent/Child B (Former High Aqua Tots) 5:30-6:00pm
Preschool Level 1 (Former Pike) 6:15-6:45pm

SATURDAY LESSONS

Parent/Child Classes (6 mos.-36 mos.)
Parent/Child A (Former Low Aqua Tots) 9:00-9:30am
Parent/Child B (Former High Aqua Tots) 9:45-10:15am

Preschool Lessons (3-5 years)
Preschool Level 1 (Former Pike) 8:45-9:15am
Preschool Level 1 (Former Pike) 11:30-12:00pm
Preschool Level 2 (Former Eel) 10:30-11:00am
Preschool Level 2 (Former Eel) 11:30-12:00pm
Preschool Level 3 (Former Ray) 10:45-11:15am

Youth Lessons (6+ years)
Youth Level 1 (Former Low Polliwog) 9:30-10:15am
Youth Level 2 (Former High Polliwog) 11:15-12:00pm
Youth Level 3 (Former Low Guppy) 9:45-10:30am

Youth Lessons (5+ years)
Youth Level 4 (Former Starfish/High Guppy/Low Minnow) 10:30-11:15am
Youth Level 5/6 (Former High Minnow/Fish/Flying Fish) 8:45-9:30am

****A \$10 late fee will be charged after registration closes. Registration closes February 25th.****

**** Once registration has closed there is no guarantee of late registration. The Aquatics Director must be contacted directly to determine availability past the close date. ****

Financial scholarship is provided to those who qualify. Applications are available at the Welcome Desk.

We reserve the right to cancel classes with less than 3 registered participants. Additional classes may be added as needed.

