



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Lancaster Family YMCA
Lampeter-Strasburg Swim Lessons
November 6, 2017—December 24, 2017
Member Registration: October 10, 2017
Non-member Registration: October 20, 2017
Registration Closes: October 25, 2017**

PRIVATE LESSONS

Six 30-minute lessons with one-on-one learning for adults or children, arranged at your convenience. Learn to swim or improve your stroke technique with our knowledgeable and experienced instructors.

Members \$150.00
Potential Members \$200.00

SEMI-PRIVATE LESSONS

Six 30-minute lessons for adults or children, arranged at your convenience for your group of 2-3 participants. Learn to swim or improve your stroke technique together! Price is per person.

Members \$120.00
Potential Members \$140.00

****Group lesson prices are based on an 7 class session.****

7 Class Session

\$48.00 — Family Member
\$57.00— Youth/Teen Member
\$75.00 — Potential Member

Thursday 6 Class Session

\$41.00 — Family Member
\$49.00— Youth/Teen Member
\$64.00 — Potential Member

WEEKDAY LESSONS

Monday
Youth 2 5:15-6:00pm
Preschool 2 6:15-6:45pm

Tuesday
Youth 3 5:30-6:15pm
Preschool 2 6:30-7:00pm

Wednesday
Youth 4 5:15-6:00pm
Preschool 1 6:15-6:45pm

Thursday *6 Lessons*
Youth 1 4:30-5:15pm
Parent Child A & B 5:30-6:00pm
Preschool Level 2 6:15-6:45pm

SATURDAY LESSONS

Parent/Child Classes (6 mos.-36 mos.)
Parent/Child A & B 9:00-9:30am

Preschool Lessons (3-5 years)
Preschool Level 1 9:45-10:15am
Preschool Level 2 10:45-11:15am
Preschool Level 3 9:00-9:30am

Youth Lessons (6-12 years)
Youth Level 1 10:30-11:15am
Youth Level 2 9:45-10:30am
Youth Level 3 11:00-11:45am

Youth Lessons (5-12 years)
Youth Level 4 10:00-10:45am
Youth Level 5/6 9:00-9:45am

****A \$10 late fee will be charged after registration closes. **Registration closes **OCTOBER 25th!******

**** Once registration has closed there is no guarantee of late registration. The Aquatics Director must be contacted directly to determine availability past the close date. ****

Financial scholarship is provided to those who qualify. Applications are available at the Welcome Desk.

We reserve the right to cancel classes with less than 3 registered participants. Additional classes may be added as needed.



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LIFEGUARD CERTIFICATIONS

Participants must be age 15 prior to the end of the course and must bring proof of age to the first class. This course will require participants to pass a pre-requisite test (swim 300 yards, 2 minutes of treading water and a timed brick dive with a 25-yard carry). Must attend all sessions. of the course you registered for please scroll down.

NOVEMBER (LS):

Saturday 11/11 & 11/18	1:00-5:00pm
Sunday 11/12	10:00-5:00pm
Monday 11/13	4:00-8:00pm
Wednesday 11/15	4:00-8:00pm
Friday 11/17	4:00-8:00pm

JANUARY 2018 (LS):

Saturday 1/13 & 1/20	8:00-5:00pm
Sunday 1/14 & 1/21	10:00-5:00pm

Members	\$240.00
Potential Members	\$280.00

LIFEGUARD RECERTIFICATIONS

Recertification course is open to participants who currently hold an ARC Lifeguard Certification and need to recertify. Participants must bring in current ARC lifeguard certifications to the first class. This course will require participants to pass a pre-requisite test (swim 300 yards, 2 minutes of treading water and a timed brick dive with a 25-yard carry). Must attend all sessions.

NOVEMBER (CITY):

Saturday 11/18	8:00-5:00pm
Sunday 11/19	10:00-5:00pm

DECEMBER (CITY):

Saturday 12/16	8:00-5:00pm
Sunday 12/17	10:00-5:00pm

JANUARY (LS):

Saturday 1/27	10:00-4:00pm
Sunday 1/28	10:00-4:00pm

Members	\$100.00
Potential Members	\$140.00

L-S RUMBLERS SWIM TEAM

The Rumblers Developmental Swim Team is a non-competitive swim team which focuses on the four competitive strokes, turns, and diving for swimmers ages 5 and up. We hold internal "mock meets" so swimmers can work to achieve personal bests and gain experience in a swim meet environment. Our ultimate goals are to improve stroke mechanics, build endurance, have fun, and develop the next generation of competitive swimmers. All participants will be provided with a Rumblers T-shirt and bathing cap included in the fee. **Must Pass YMCA Swim Test and Swim 25 yards on back!**

Practice Times:	Bronze Team (beginner swimmers ages 5-10): T, W, TH 6:00-7:00pm
	Silver/Gold Team (advanced swimmers 11-18): T, W, TH 7:15-8:15pm
When:	Session I: October 24 th – March 8 th Session II: January 2 nd – March 8 th
Registration:	Session I: August 10 th – October 23 rd Session II: August 10 th – January 1 st
Price:	Session I: Session II:
	Member: \$315 Non-Member: \$430 Member: \$175 Non-Member: \$250
	(\$100 Deposit required) (\$50 Deposit Required)

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** Payment plans available. Ask associate for more details**