



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**Lancaster Family YMCA
Lampeter-Strasburg Swim Lessons
September 5, 2017—October 30, 2017
Member Registration: August 10, 2017
Non-member Registration: August 20, 2017
Registration Closes: August 25, 2017**

8 WEEK SESSIONS

****Group lesson prices are based on an 8 class session.****

Monday (9/11—10/23)

Youth Level 4 4:30-5:15pm
Preschool Level 2 5:30-6:00pm
Youth Level 1 6:15-7:00pm

Tuesday (9/5—10/24)

Youth Level 3 4:30-5:15pm
Parent/Child A 5:30-6:00pm
Preschool Level 2 6:15-6:45pm

Wednesday (9/6—10/25)

Youth Level 1 4:30-5:15pm
Preschool Level 1 5:30-6:00pm
Youth Level 2 6:15-7:00pm

Thursday (9/7—10/26)

Youth Level 2 4:30-5:15pm
Parent/Child B 5:30-6:00pm
Preschool Level 2 6:15-6:45pm

Saturday (9/9—10/28)

Parent/Child A & B 9:00-9:30am

Preschool Level 1 9:45-10:15am
Preschool Level 2 10:45-11:15am
Preschool Level 3 9:00-9:30am

Youth Level 1 10:30-11:15am
Youth Level 2 9:45-10:30am
Youth Level 3 11:00-11:45am
Youth Level 4 10:00-10:45am
Youth Level 5/6 9:00-9:45am

8 Class Session
\$55.00—Family Member
\$65.00—Youth/Teen Member
85.00—Potential Member

Monday 7 Class Session
\$48.00 — Family Member
\$57.00— Youth/Teen Member
\$75.00 — Potential Member

Financial scholarship is provided to those who qualify. Applications are available at the Welcome Desk.

****A \$10 late fee will be charged after registration closes.
Registration closes **

August 25th!

**** Once registration has closed there is no guarantee of late registration. The Aquatics Director must be contacted directly to determine availability past the close date. ****

We reserve the right to cancel classes with less than 3 registered participants. Additional classes may be added as needed.



Lancaster Family YMCA Lampeter-Strasburg Swim Lessons

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PRIVATE LESSONS

Six 30-minute lessons with one-on-one learning for adults or children, arranged at your convenience. Learn to swim or improve your stroke technique with our knowledgeable and experienced instructors.

Members \$150.00
Potential Members \$200.00

SEMI-PRIVATE LESSONS

Six 30-minute lessons for adults or children, arranged at your convenience for your group of 2-3 participants. Learn to swim or improve your stroke technique together! Price is per person.

Members \$120.00
Potential Members \$140.00

LIFEGUARD CERTIFICATIONS

Participants must be age 15 prior to the end of the course and must bring proof of age to the first class. This course will require participants to pass a pre-requisite test (swim 300 yards, 2 minutes of treading water and a timed brick dive with a 25-yard carry). Must attend all sessions. of the course you registered for please scroll down.

SEPTEMBER (CITY):

Saturday 9/9 & 9/16 8:00-5:00pm
Sunday 9/10 & 9/17 10:00-5:00pm

NOVEMBER (LS):

Saturday 11/11 & 11/18 1:00-5:00pm
Sunday 11/12 10:00-5:00pm
Monday 11/13 4:00-8:00pm
Wednesday 11/15 4:00-8:00pm
Friday 11/17 4:00-8:00pm

Members \$240.00
Potential Members \$280.00

LIFEGUARD RECERTIFICATIONS

Recertification course is open to participants who currently hold an ARC Lifeguard Certification and need to recertify. Participants must bring in current ARC lifeguard certifications to the first class. This course will require participants to pass a pre-requisite test (swim 300 yards, 2 minutes of treading water and a timed brick dive with a 25-yard carry). Must attend all sessions.

NOVEMBER (CITY):

Saturday 11/18 8:00-5:00pm
Sunday 11/19 10:00-5:00pm

DECEMBER (CITY):

Saturday 12/16 8:00-5:00pm
Sunday 12/17 10:00-5:00pm

Members \$100.00
Potential Members \$140.00

L-S RUMBLERS SWIM TEAM

The Rumblers Developmental Swim Team is a non-competitive swim team which focuses on the four competitive strokes, turns, and diving for swimmers ages 5 and up. We hold internal "mock meets" so swimmers can work to achieve personal bests and gain experience in a swim meet environment. Our ultimate goals are to improve stroke mechanics, build endurance, have fun, and develop the next generation of competitive swimmers. All participants will be provided with a Rumblers T-shirt and bathing cap included in the fee. **Must Pass YMCA Swim Test and Swim 25 yards on back!**

Practice Times: *Bronze Team (beginner swimmers ages 5-10):* T, W, TH 6:00-7:00pm
Silver/Gold Team (advanced swimmers 11-18): T, W, TH 7:15-8:15pm

When: *Session I:* October 24th – March 8th *Session II:* January 2nd – March 8th
Registration: *Session I:* August 10th – October 23rd *Session II:* August 10th – January 1st

Price: *Session I:* Member: \$315 Non-Member: \$430 *Session II:* Member: \$175 Non-Member: \$250
(\$100 Deposit required) (\$50 Deposit Required)

Financial scholarship is provided to those who qualify. Applications are available at the Welcome Desk.

** Payment plans available. Ask associate for more details**