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FOR HEALTHY LIVING
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GIANT Food Stores' Awards Grant to Lancaster Family YMCA

Grant Supports YMCA Fit Kids program for School District of Lancaster Youth

Lancaster, PA (October 25) – GIANT Food Stores has awarded a grant of \$17,558 to the Lancaster Family YMCA through GIANT's Our Family Foundation. The grant supports the YMCA's Fit Kids program which is currently running for children from Wharton Elementary School.

Fit Kids offers educational activities and structured play to promote exercise and healthy eating habits and is part of the YMCA's mission focus on helping children reach their full potential by developing healthy lifestyles. In addition to the current Fit Kids program, the YMCA was also able to use this grant to offer Fit Kids in the School District of Lancaster's summer education program and in the YMCA's Power Scholars Academy which was a summer learning loss prevention program for children in King and Carter and MacRae Elementary Schools

"As part of our better neighbor commitment, GIANT supports local organizations that are working to improve the lives of children and help to build healthier communities," said Tom Lenkevich, GIANT president. "Lancaster Family YMCA has combined these two missions to provide children the tools and resources they need to live healthier lifestyles, a foundation that they can carry with them to adulthood."

"We are extremely grateful to GIANT for their support of our Fit Kids program," said Tracy Brunke, Youth Development Director at the Lancaster Family YMCA. "Their gift enables us to expand these types of healthy living programs farther into the community and serve children who might not otherwise have an opportunity to attend these classes. With this grant we've been able to serve more than 65 children in our Fit Kids program."

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About GIANT/MARTIN'S

GIANT/MARTIN'S is committed to helping its customers save money, save time and eat well. Founded in 1923 in Carlisle, Pennsylvania, GIANT/MARTIN'S operates 170 grocery stores in Pennsylvania, Maryland, Virginia and West Virginia, under the names of GIANT Food Stores and MARTIN'S Food Markets. GIANT/MARTIN'S employs more than 30,000 associates and is a proud company of Ahold Delhaize. In addition to working with hundreds of local and regional organizations annually, GIANT/MARTIN'S has a long-standing focus on efforts to eradicate hunger and improve the quality of life for children. GIANT/MARTIN'S is one of the top ten fund-raisers in the country for local Children's Miracle Network hospitals. For more information visit the [GIANT](#) or [MARTIN'S](#) websites. Find [GIANT](#) and [MARTIN'S](#) on Facebook and on Twitter [@GiantFoodStores](#) or [@MartinsFoodMkts](#).

About the Lancaster Family YMCA

As a nonprofit, charitable organization, the Lancaster Family YMCA's mission is to nurture the community through the pursuit of life-long growth in spirit, mind, and body by offering programs focused on Youth Development, Healthy Living and Social Responsibility.

The Lancaster Family YMCA supports children, adults and families across Lancaster County through branches in Lancaster City, Lampeter-Strasburg and New Holland. YMCA Camp Shand – a branch of the Lancaster Family YMCA – provides day and overnight summer camp programs to more than 700 youth each summer. To ensure that YMCA programs are available to everyone regardless of age, income or background, the Lancaster Family YMCA offers financial assistance towards membership and program enrollments. Visit www.lancasterymca.org to learn more.