



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swim Lesson Guidelines For Swimmers & Parents

1. Please arrive on the pool deck 5 minutes prior to the start of your child's lesson but do not allow children to get in the water until the instructor takes them in. Attendance will be taken during this time.
2. Parents are requested to sit in the bleachers/mezzanine and NOT on the pool deck, as this may detract your child's attention from the class.
3. Please make sure your child uses the restroom before the start of their lesson. If a child needs to use the restroom, it is your responsibility to take them as the instructor cannot leave the other children. If your child is not fully toilet trained, they must wear a swim diaper.
4. Children progress at their own rate. Therefore, don't be discouraged if your child does not complete all the skills within his/her level during the session. Your child needs to know that it is acceptable to take as much time as necessary to master the skills.
5. Goggles are not required, but are strongly encouraged for some of the skills being taught. Goggles aid in mastering certain skills and prevent eye irritation.
6. When registering for the next session, please be aware of the registration timeline. Member registration begins the 10th of the month prior to start of the program. Potential member registration begins the 20th of the month prior to start of the program. All registration closes on the 25th of the month.
7. In the event of severe weather that requires the pool to close during your child's lesson the instructor will hold a land safety class which parents are asked to attend with their child.

We look forward to your child's skill building and fun as they learn.
If you have any further questions please contact your branch Aquatics Director.

City Center: Sandi Brandt 393-9622 x1113 sbrandt@lancasterymca.org
L-S: Alicia Campbell 464-4000 x1243 acampbell@lancasterymca.org
New Holland: Amy Hurst 354-4747 x105 ahurst@lancasterymca.org

LANCASTER FAMILY YMCA

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YMCA at New Holland
123 North Shirk Road
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